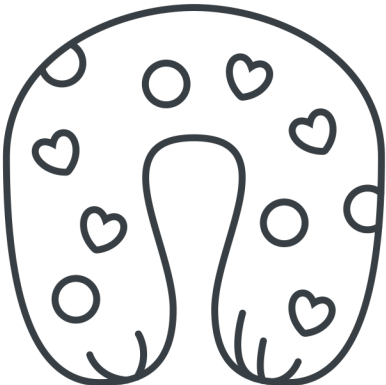
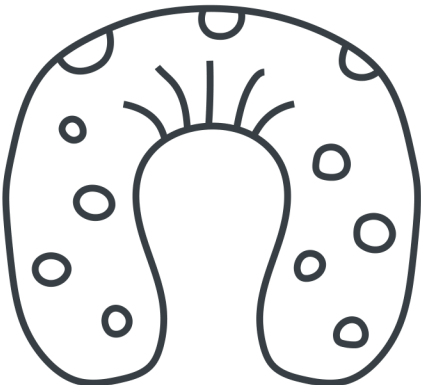
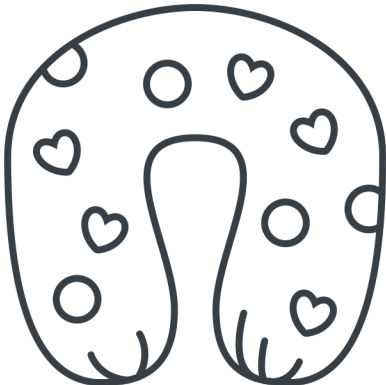
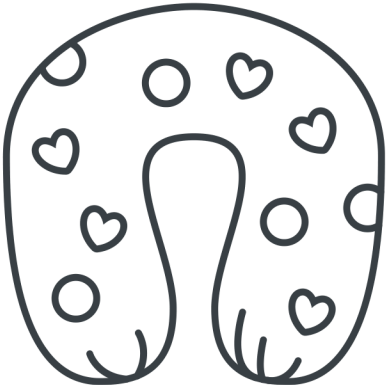
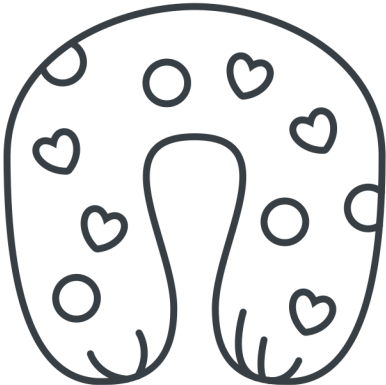
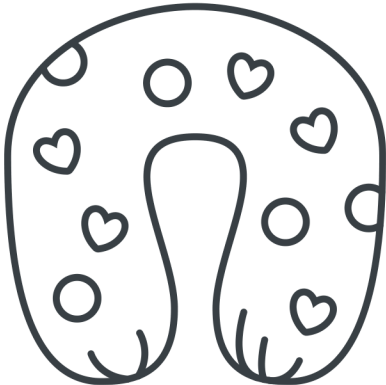


Odd One Out

Color the nursing pillow that's different from the rest.



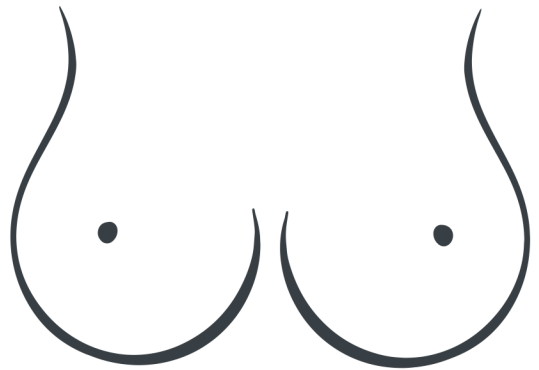
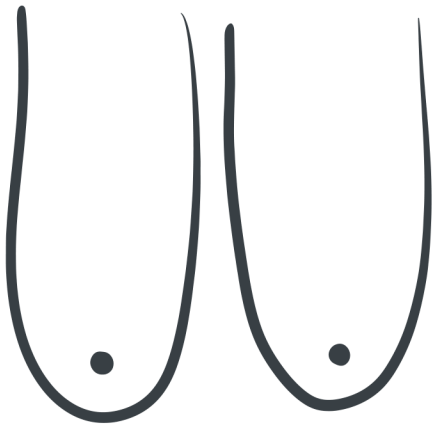
Design your own nursing pillow



www.dommiesblessed.com
outline by Simply Whyte Design from joannewhyte on
[canva.com](https://www.canva.com)



NATIONAL
BREASTFEEDING
AWARENESS
MONTH



Color The Breast Milk

Use yellow for colostrum. Light gray for foremilk. And light yellow for hindmilk.



colostrum



foremilk



hindmilk

Hint - hindmilk is the fat layer that floats to the top

Color in the onesie

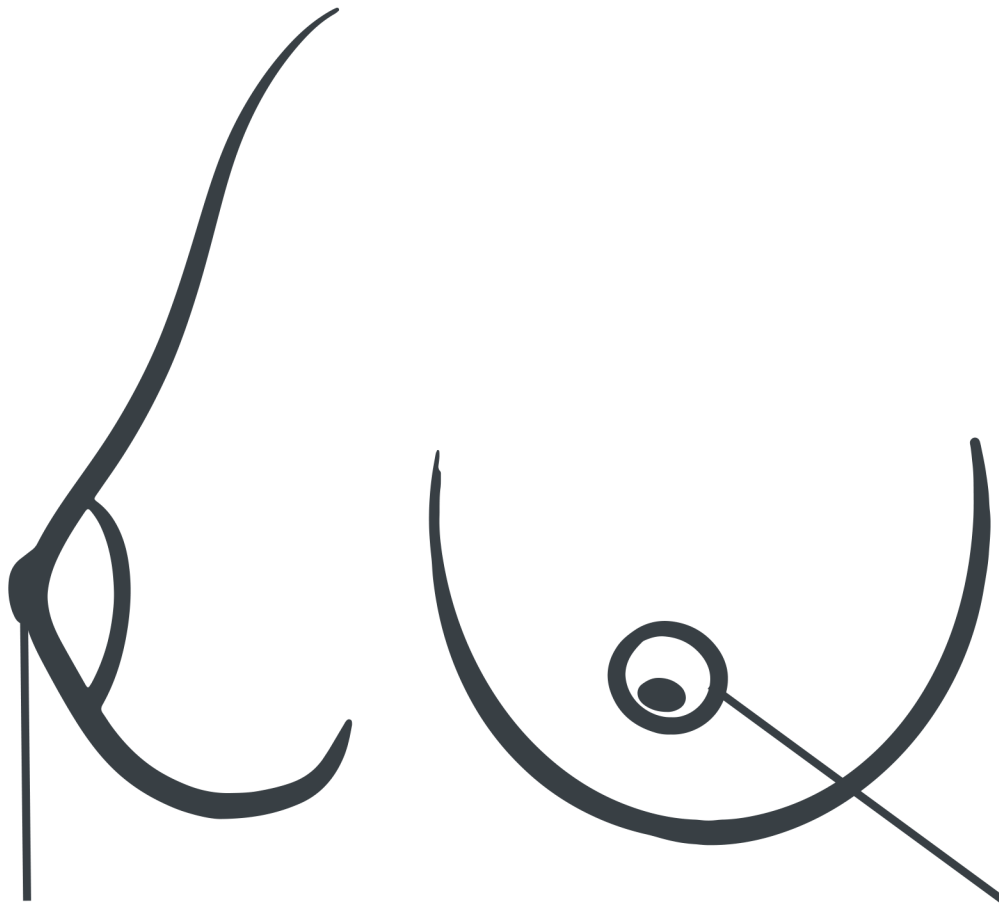




Draw a wrap for babywearing

Parts of the Breast

Label the nipple and areola in the picture below.



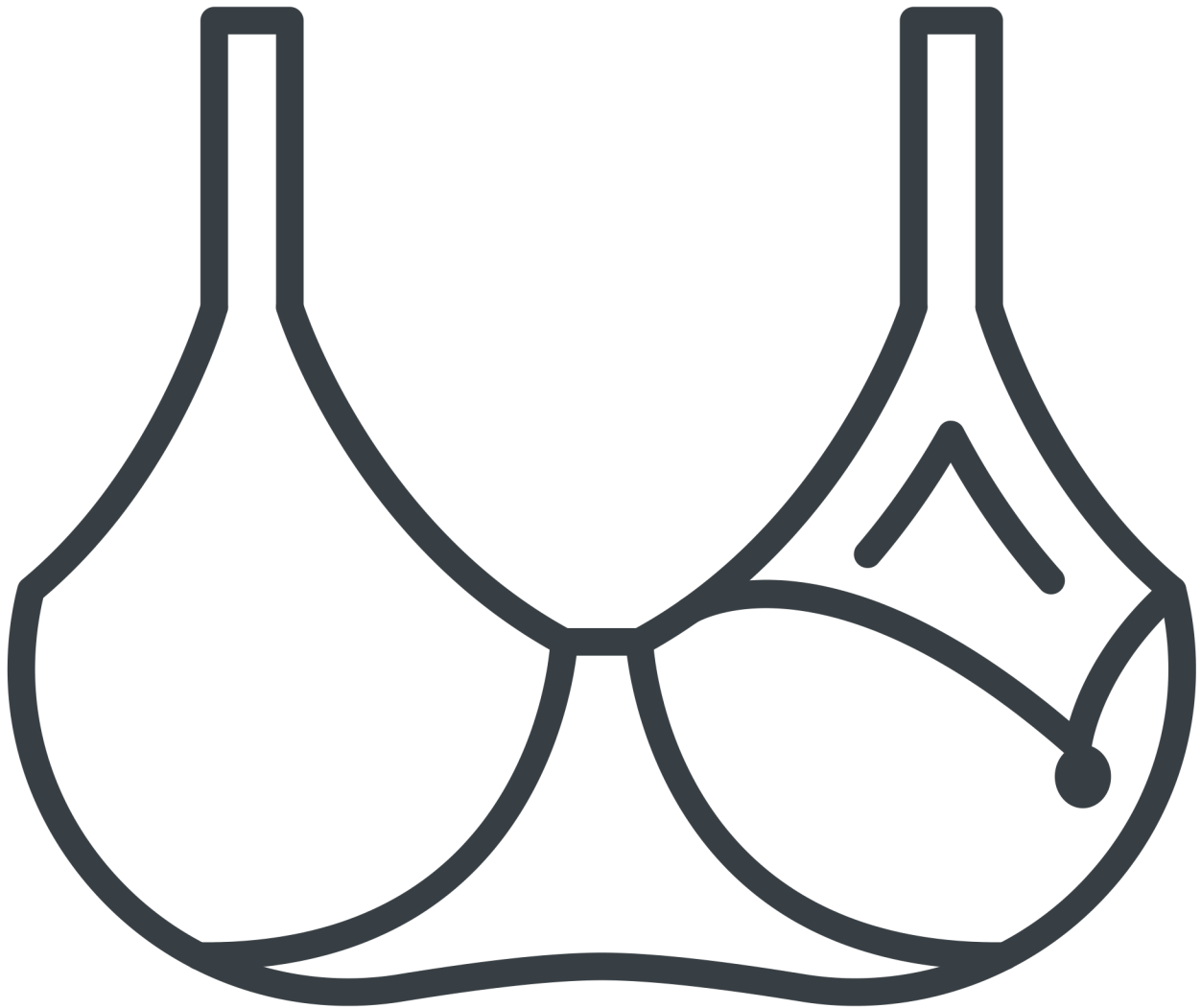
TOUGH



www.dommiesblessed.com

outline by shawnfighterlin from shawnfighterlin studio on canva.com

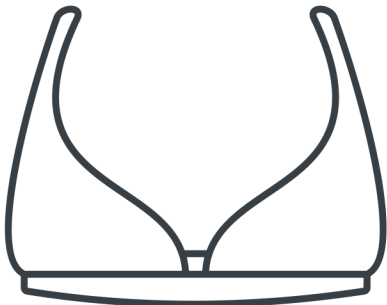
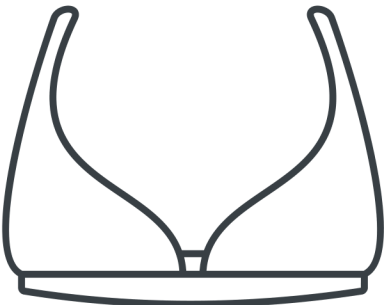
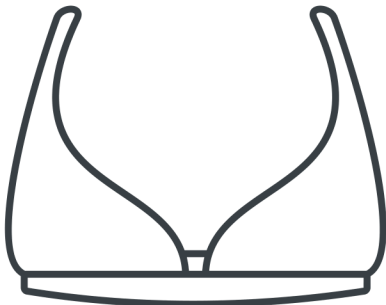
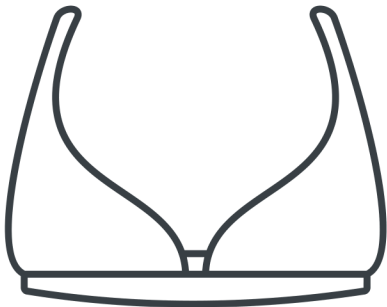
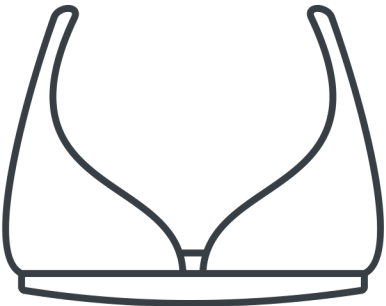
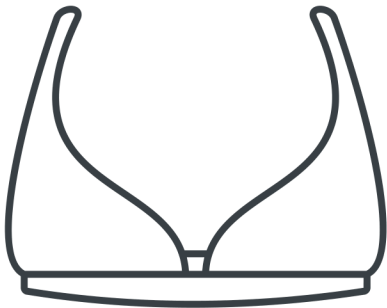
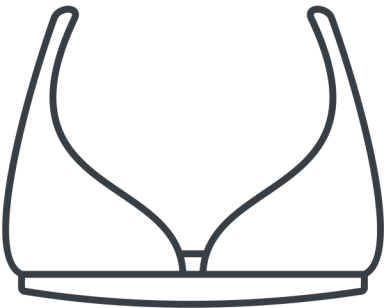
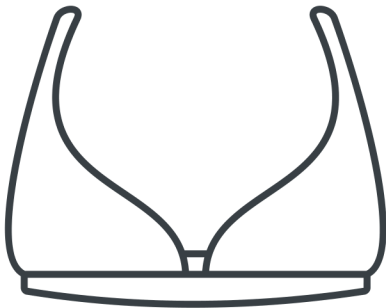
Design your own nursing bra



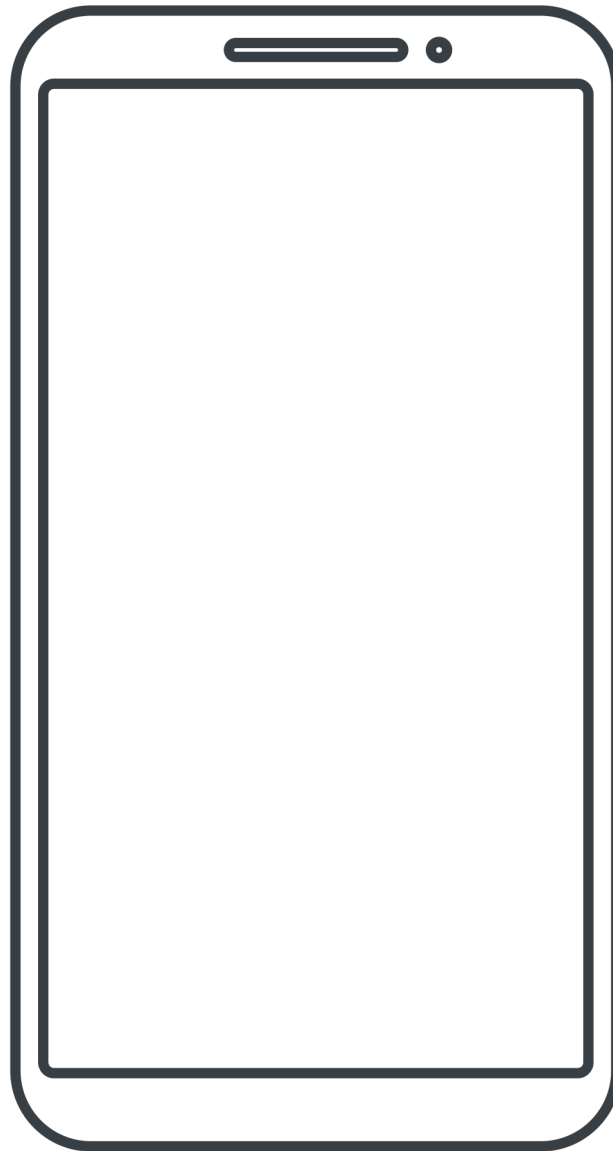
www.dommiesblessed.com
outline by MariiaLov on canva.com

Odd One Out

Color the night bra that's different from the rest.



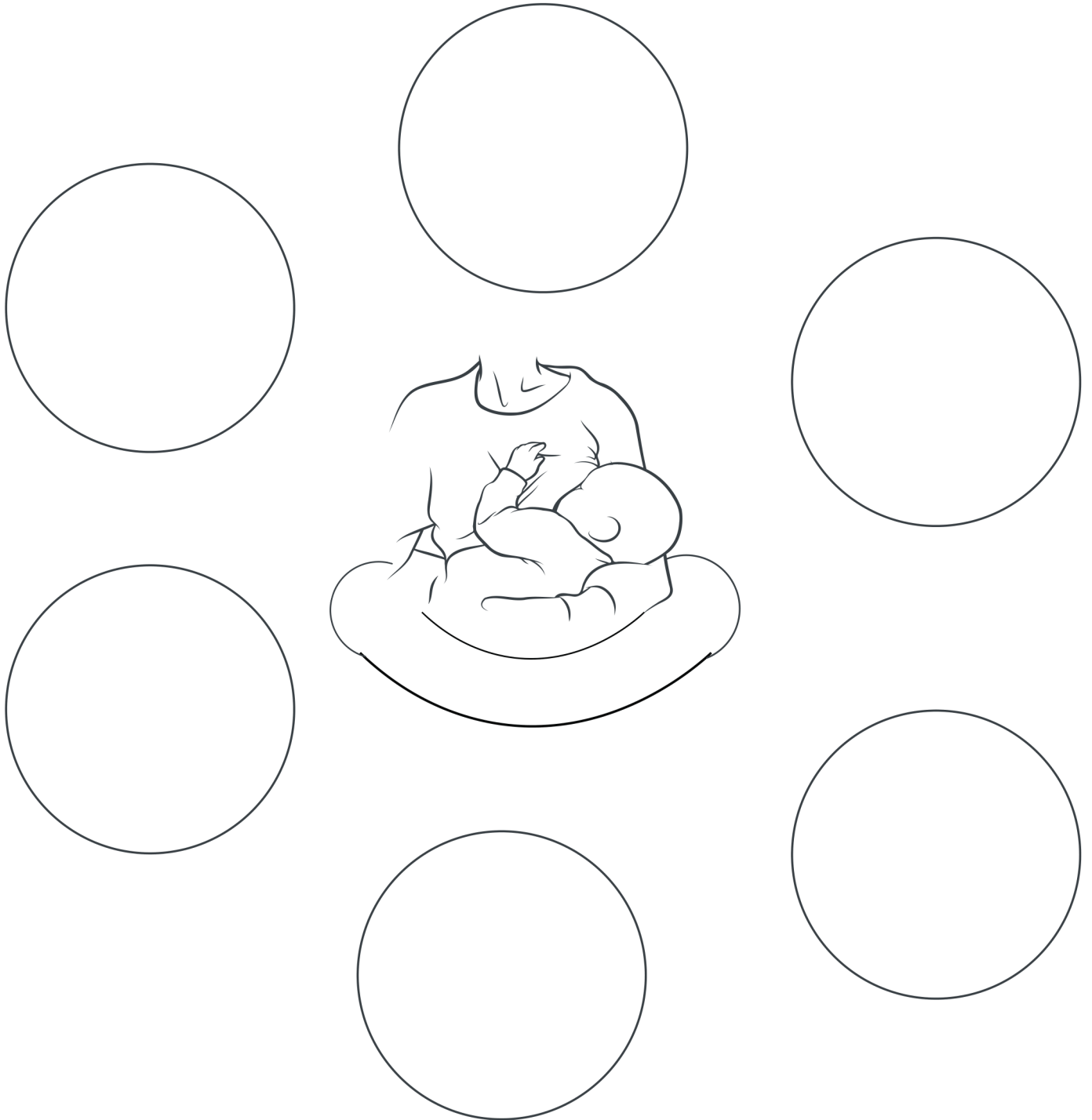
Draw a brelfie for social media



www.dommiesblessed.com
outline by 4zevar from canva.com

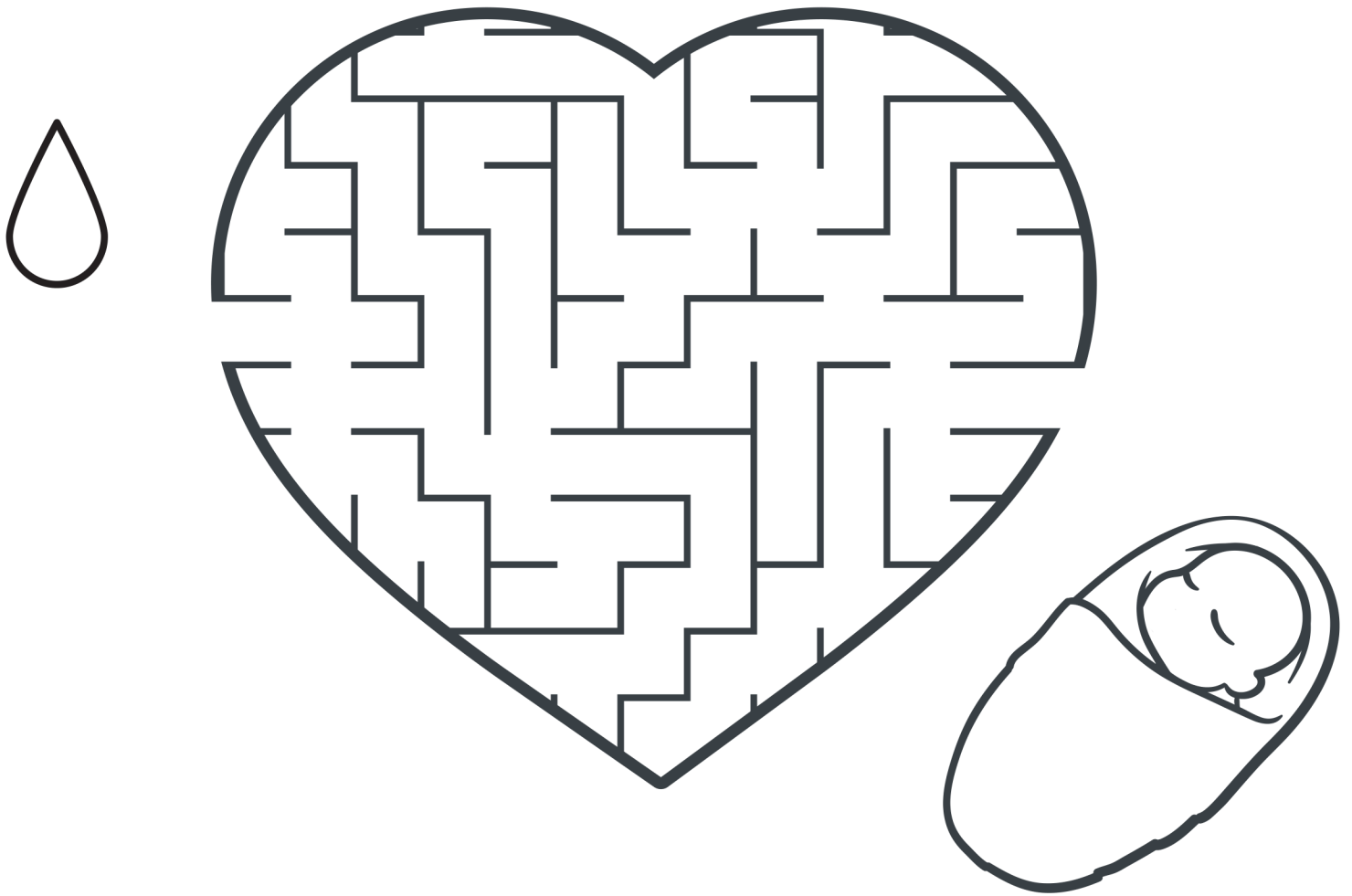
Nursing Circle

List the people supporting you on your breastfeeding journey.

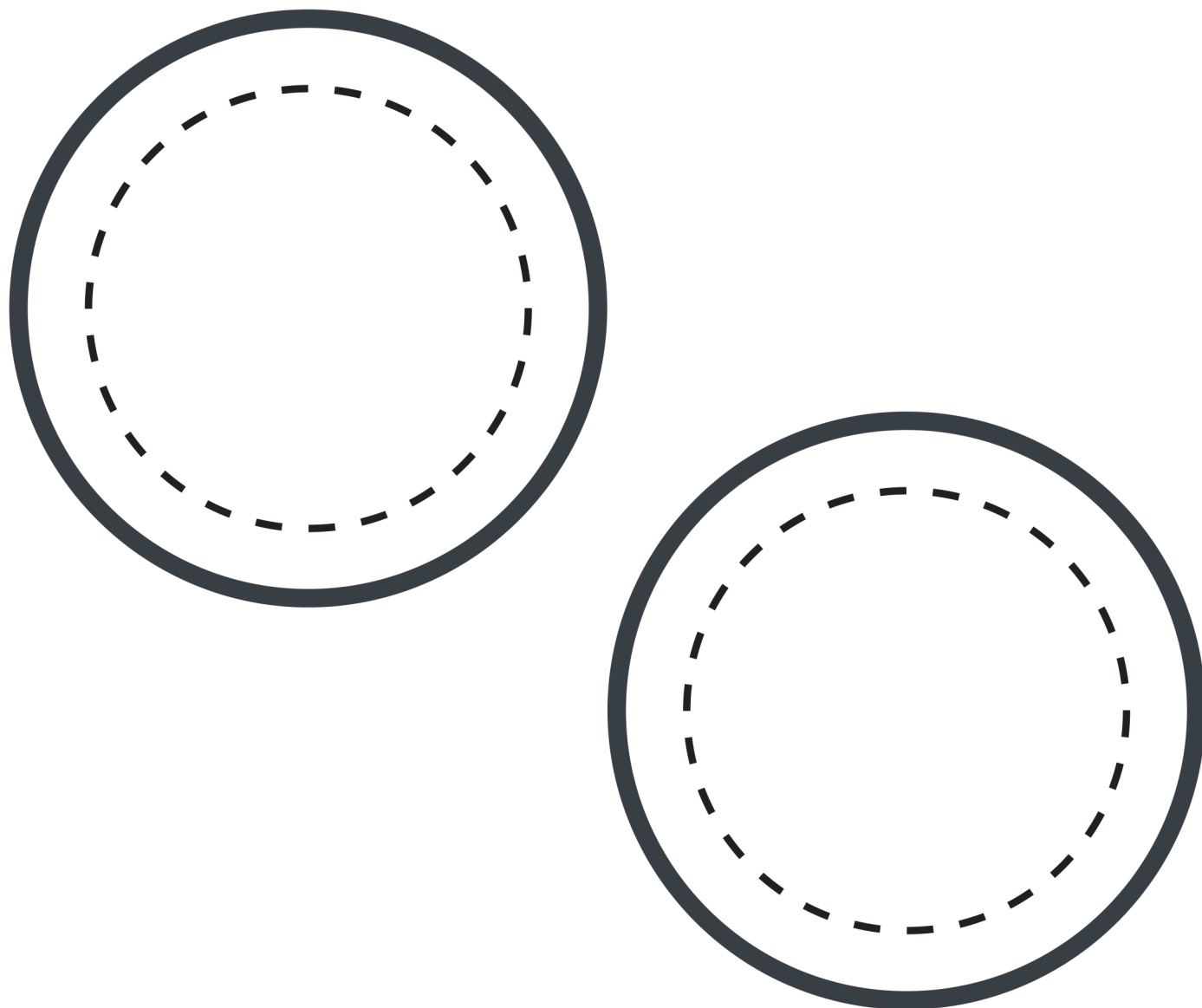


Milk Flow

Can you help the milk flow to the baby?

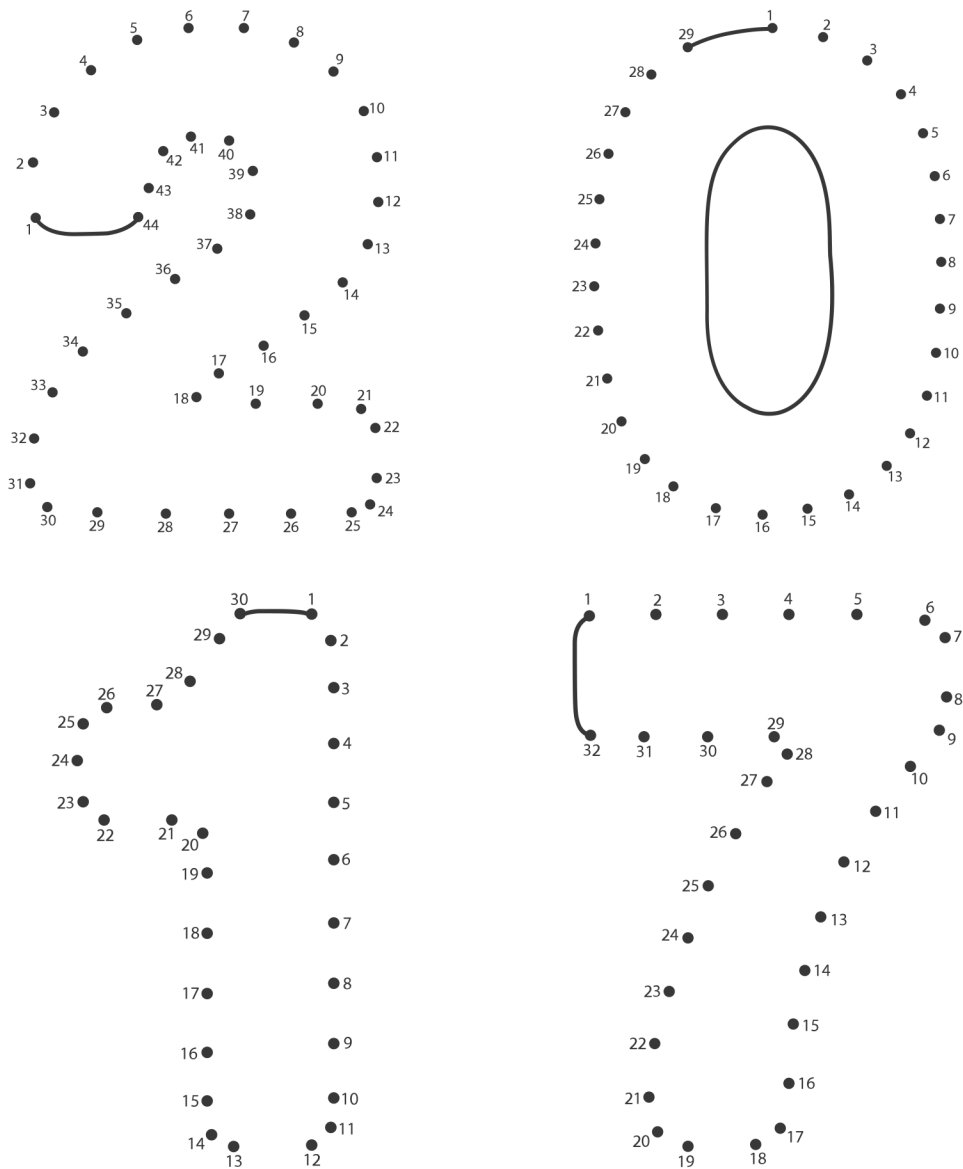


Design your own breast pads

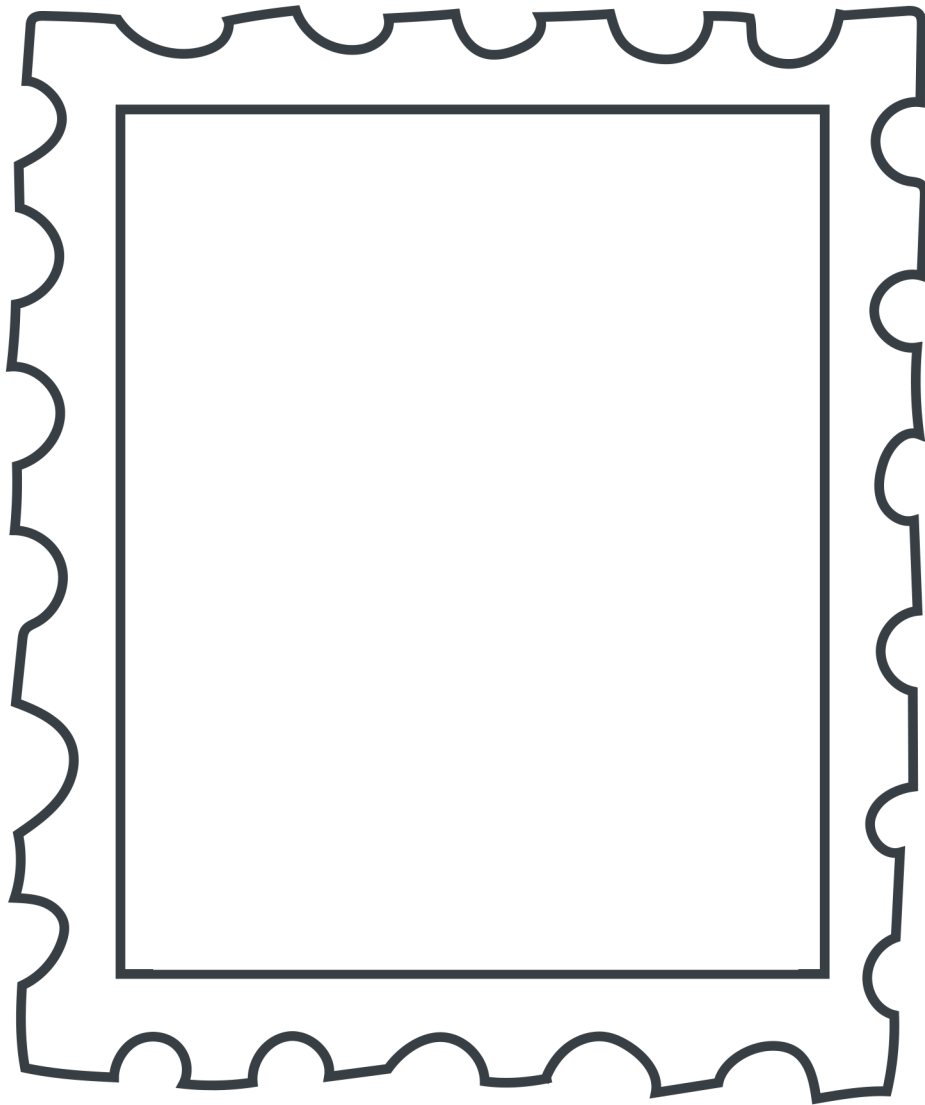


Breastfeeding Emoji

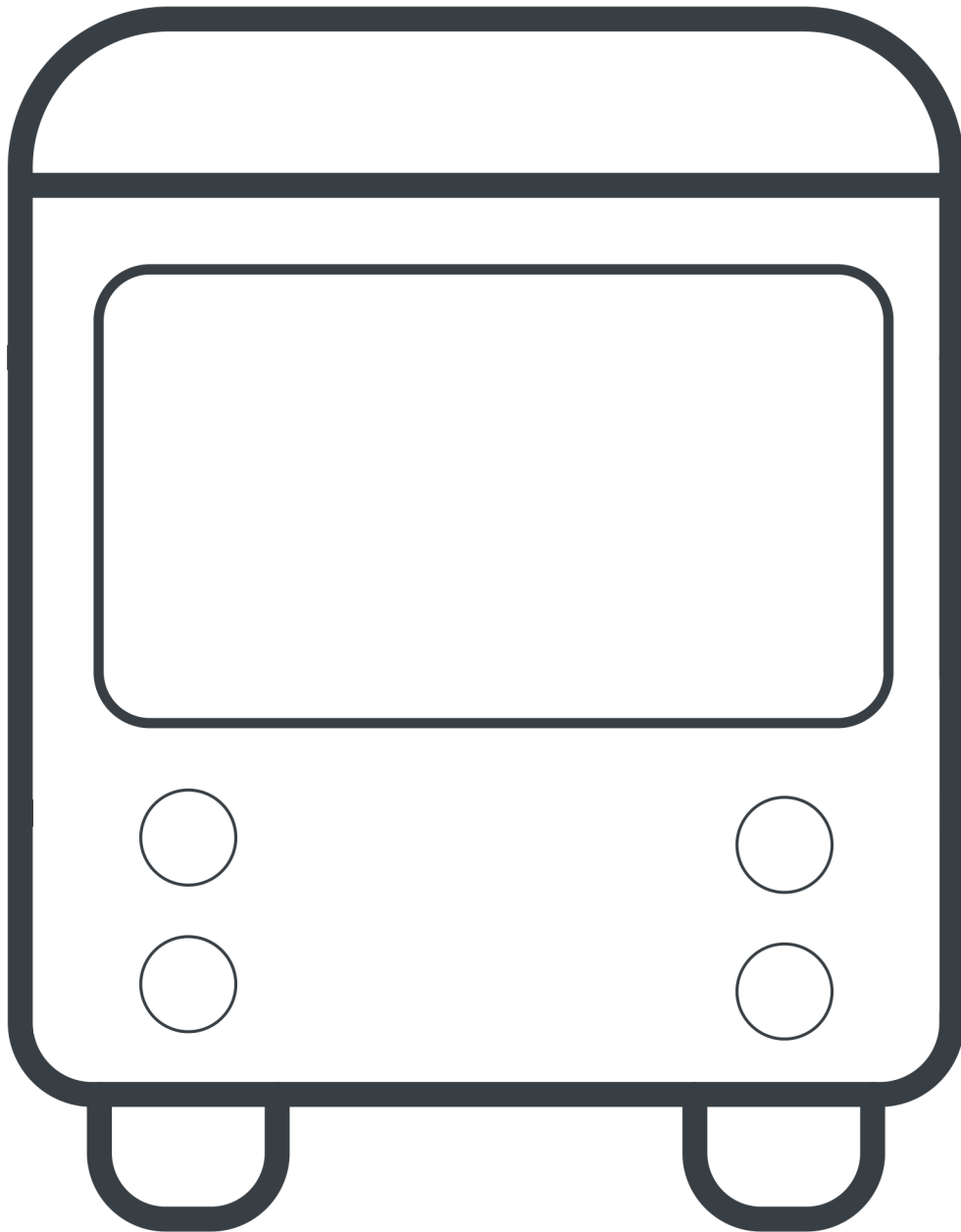
The breastfeeding emoji was proposed in 2016 and officially released in 2017.



Design a stamp celebrating
breastfeeding awareness



Design a bus campaign supporting
breastfeeding





WORLD
BREASTFEEDING
WEEK



Breastfeeding Laws

Color your state pink. Then describe all the breastfeeding specific laws your state covers.



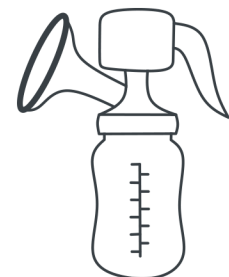
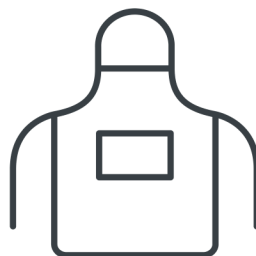
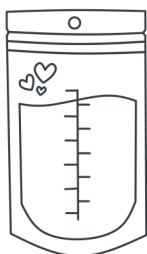
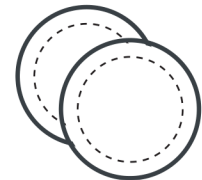
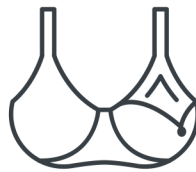
Nursing Products

Label the nursing products using the word bank below.

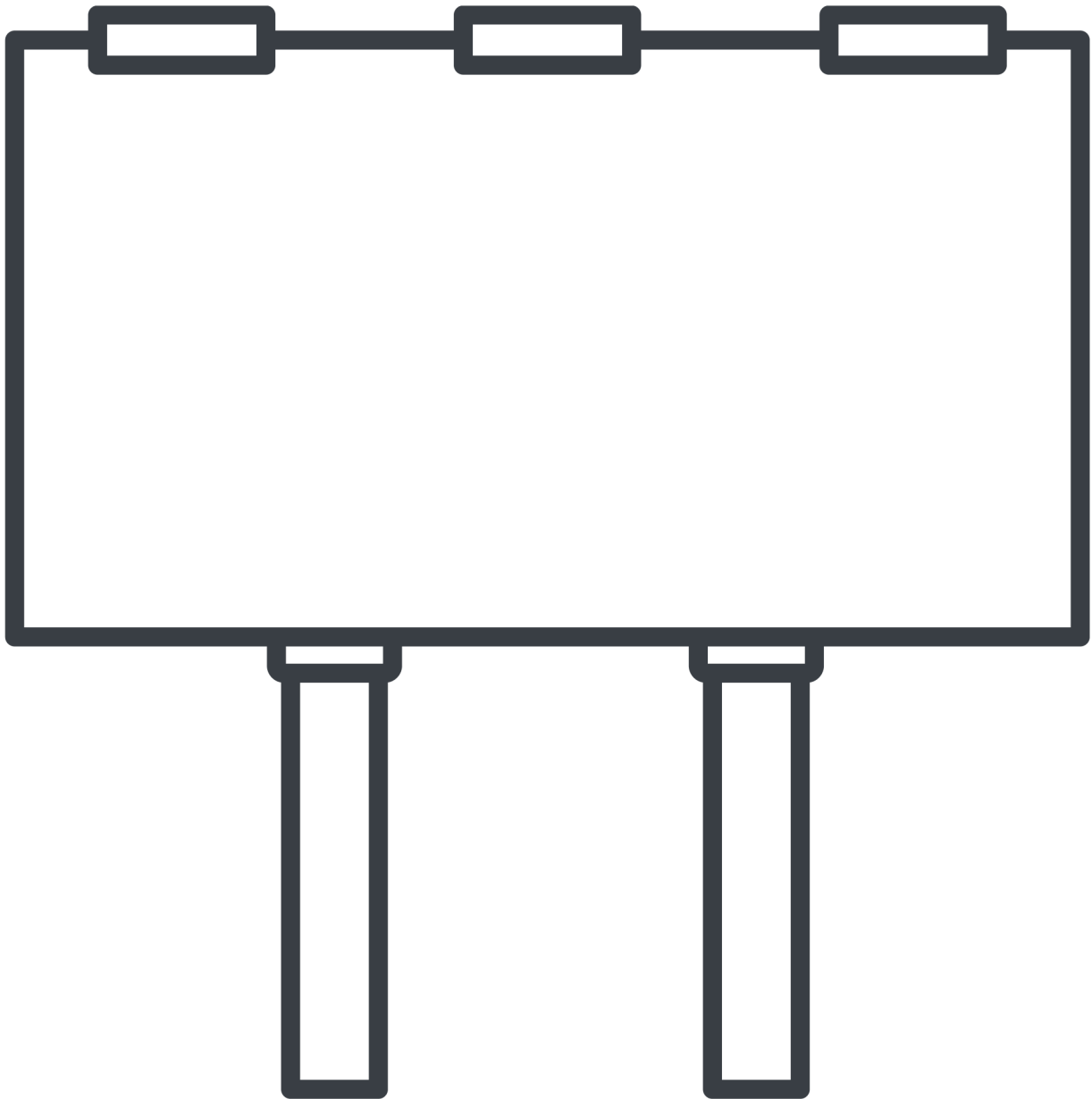
milk storage
nursing bra

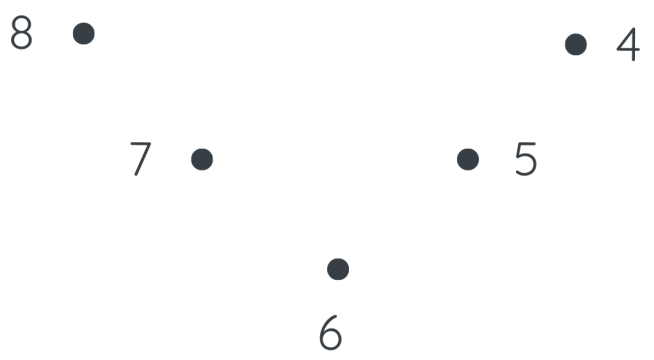
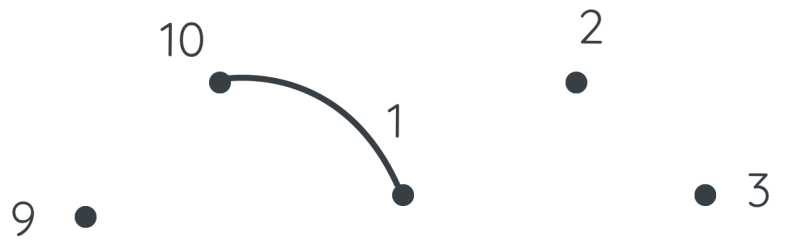
nursing pillow
nursing cover

nursing pads
breast pump



Design a billboard supporting
breastfeeding

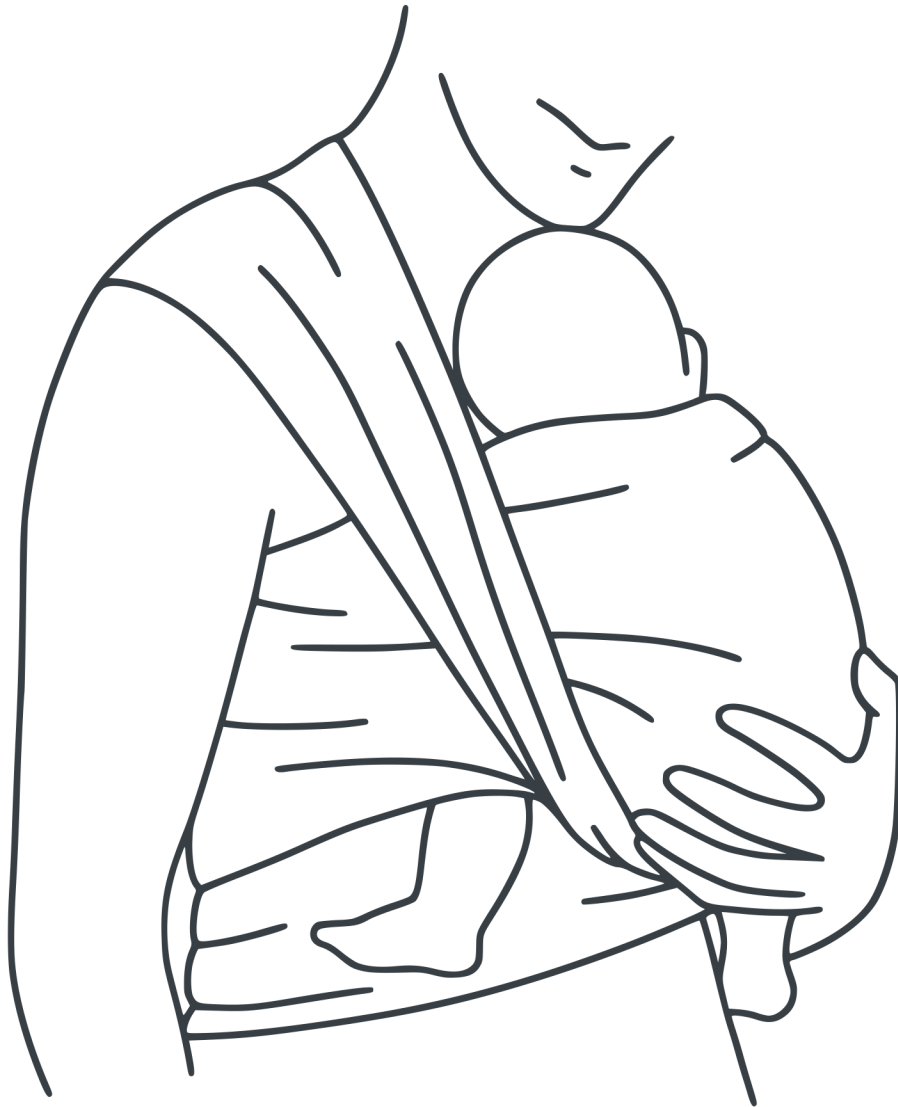




TUMMY
KISSES

Name and draw your girls

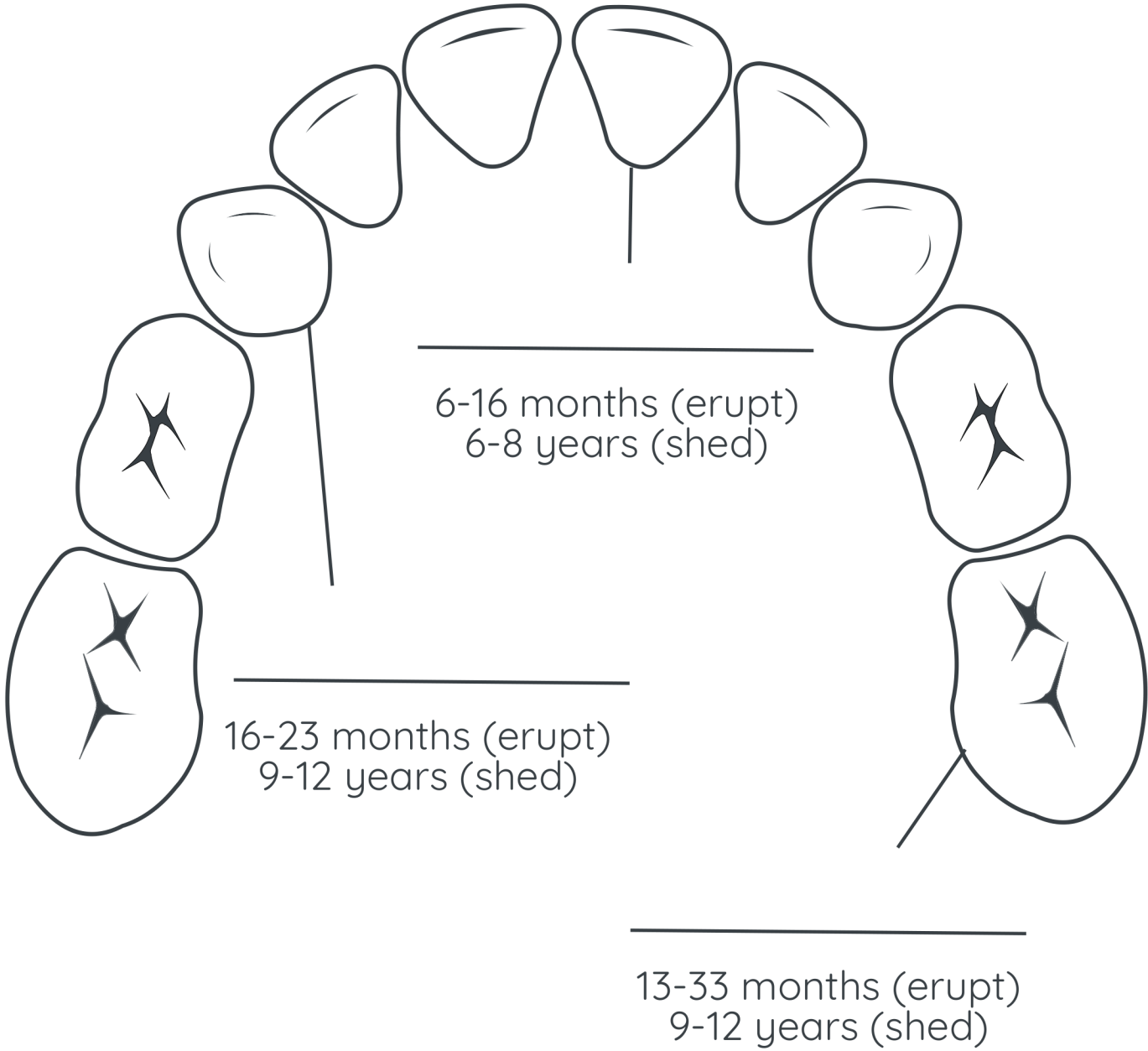
BABYWEARING



DAD

Milk Teeth

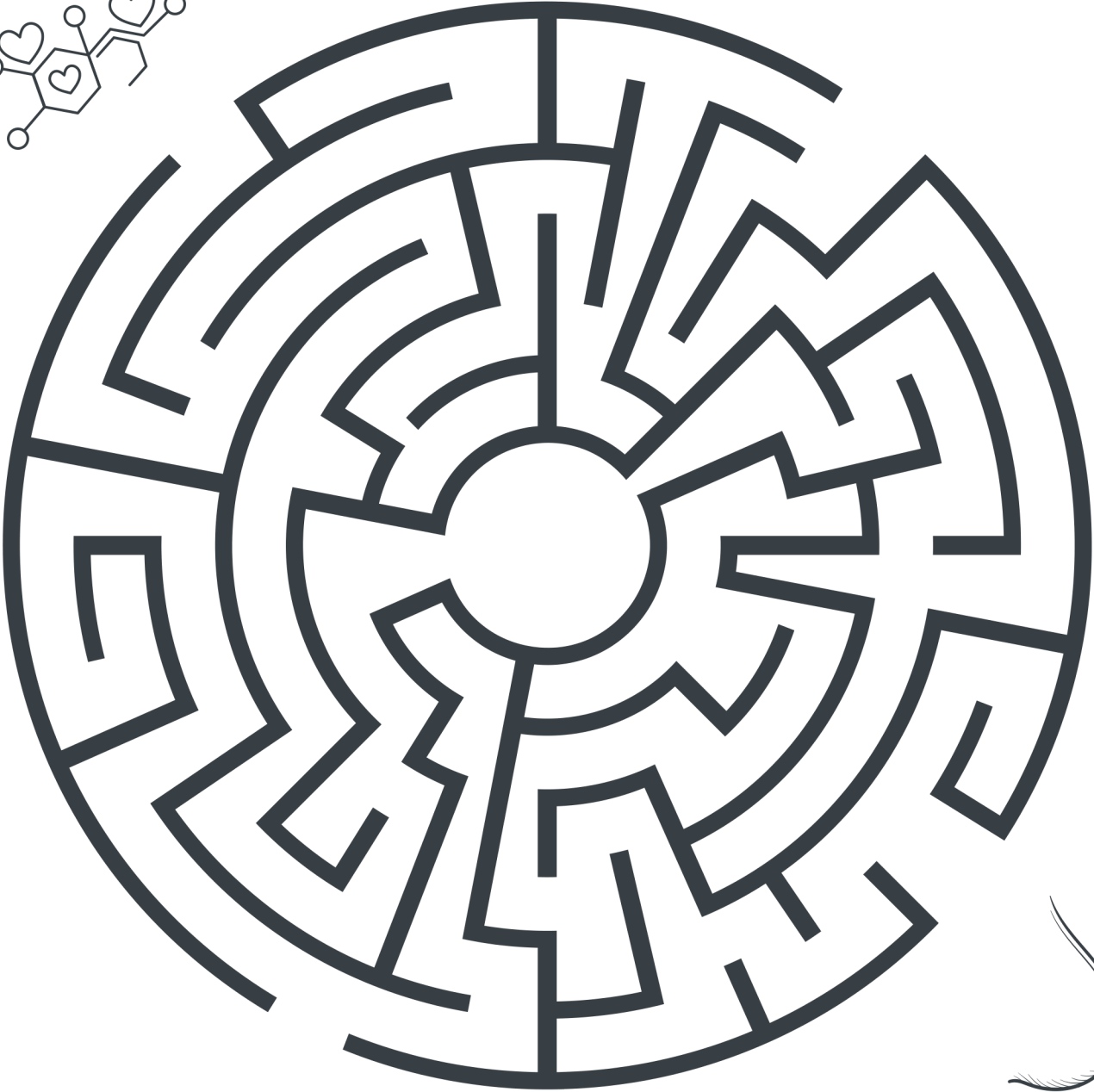
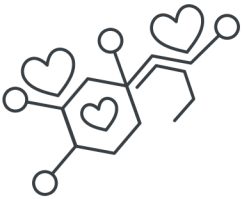
Label the teeth. Then color the incisors (blue), the canines (pink), the molars (yellow).



Design a futuristic breast pump

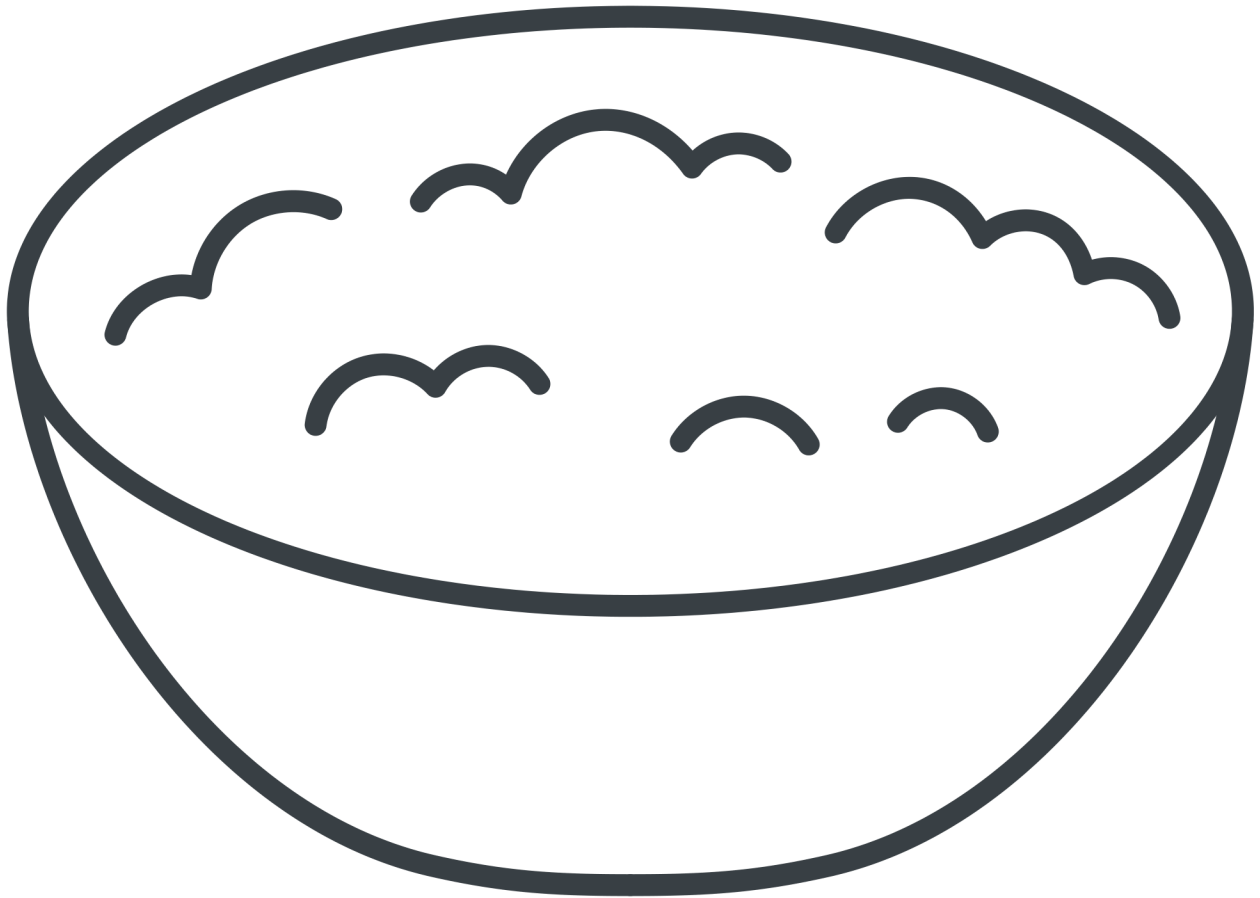
Let Down

Help this lactation hormone reach the breast.



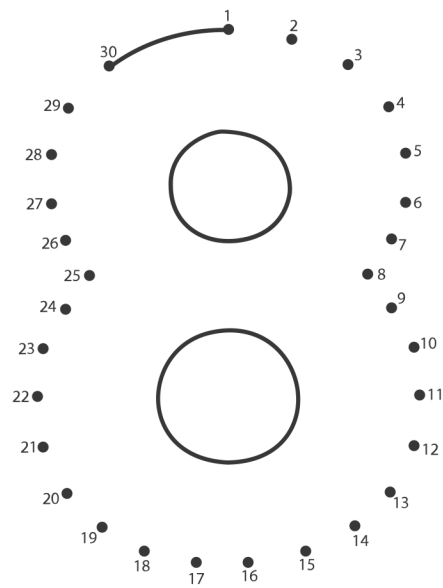
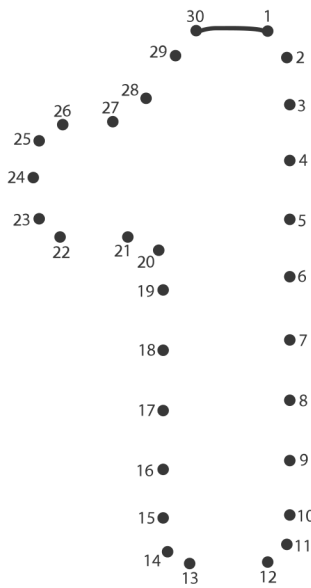
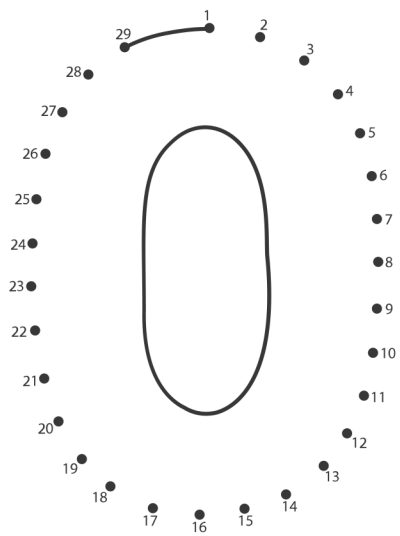
Top Your Oats

Color in the oatmeal and add your favorite toppings (i.e. blueberries, raspberries, sliced almonds, etc).



Breastfeeding Laws

By 2018, all 50 states had laws supporting breastfeeding in public.

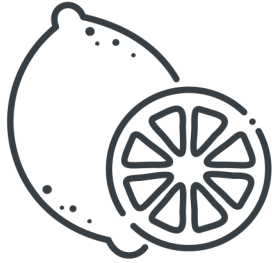


SKIN-TO-SKIN



Herbal Teas

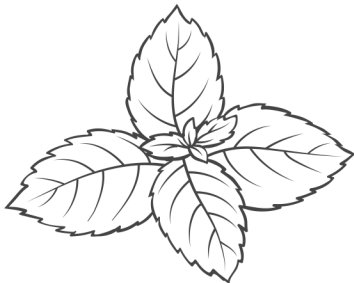
Draw a line to the matching tea below.



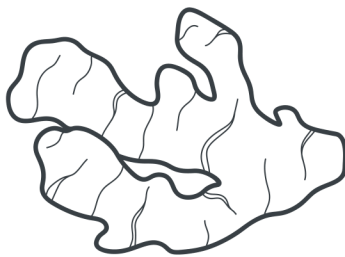
chamomile



ginger

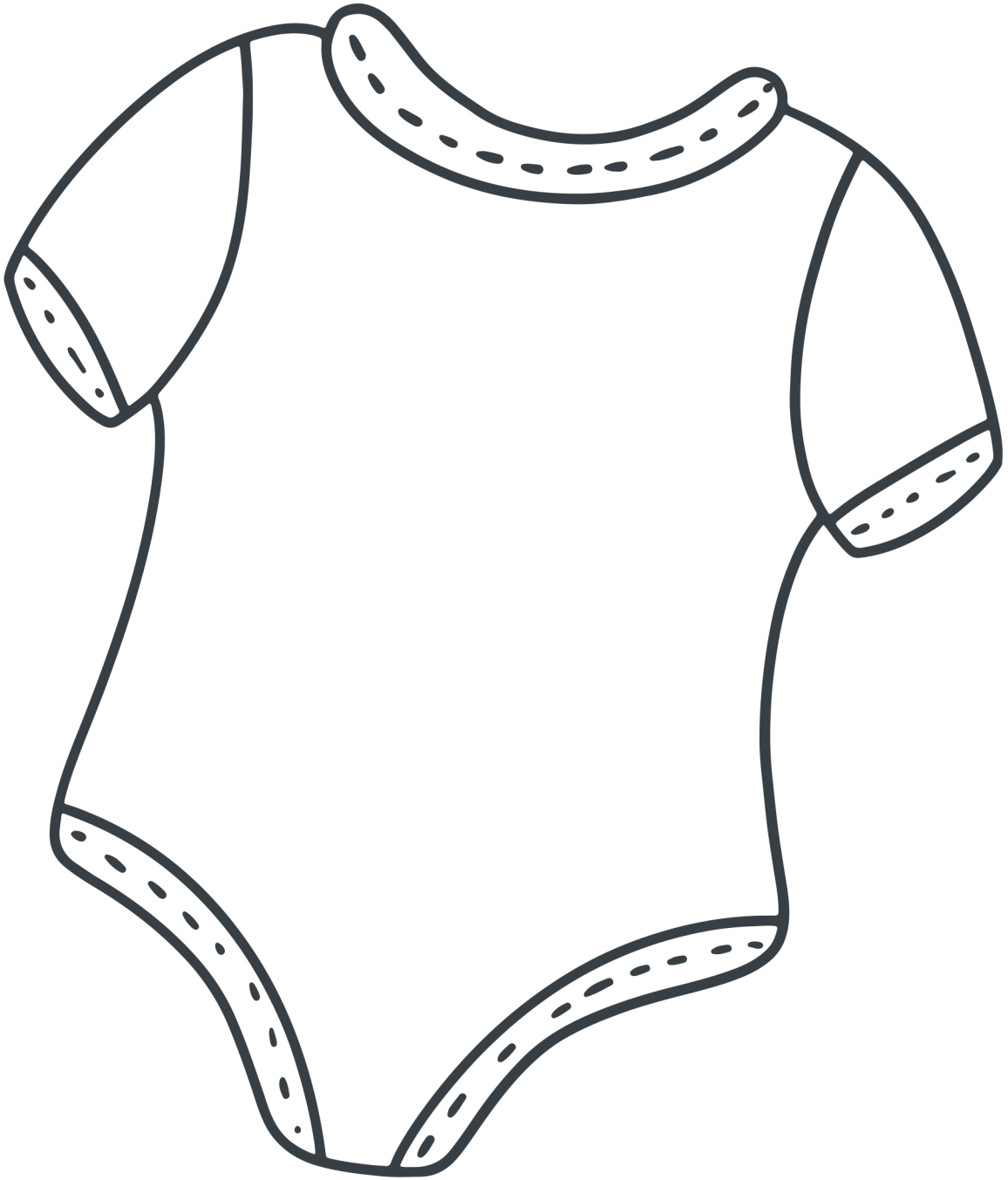


lemon



peppermint

Design a onesie



Breastfeeding Products

Draw a line to the matching product.



breast pads



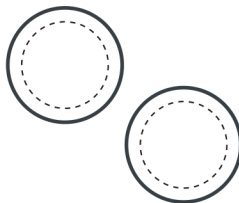
nursing pillow



breast pump



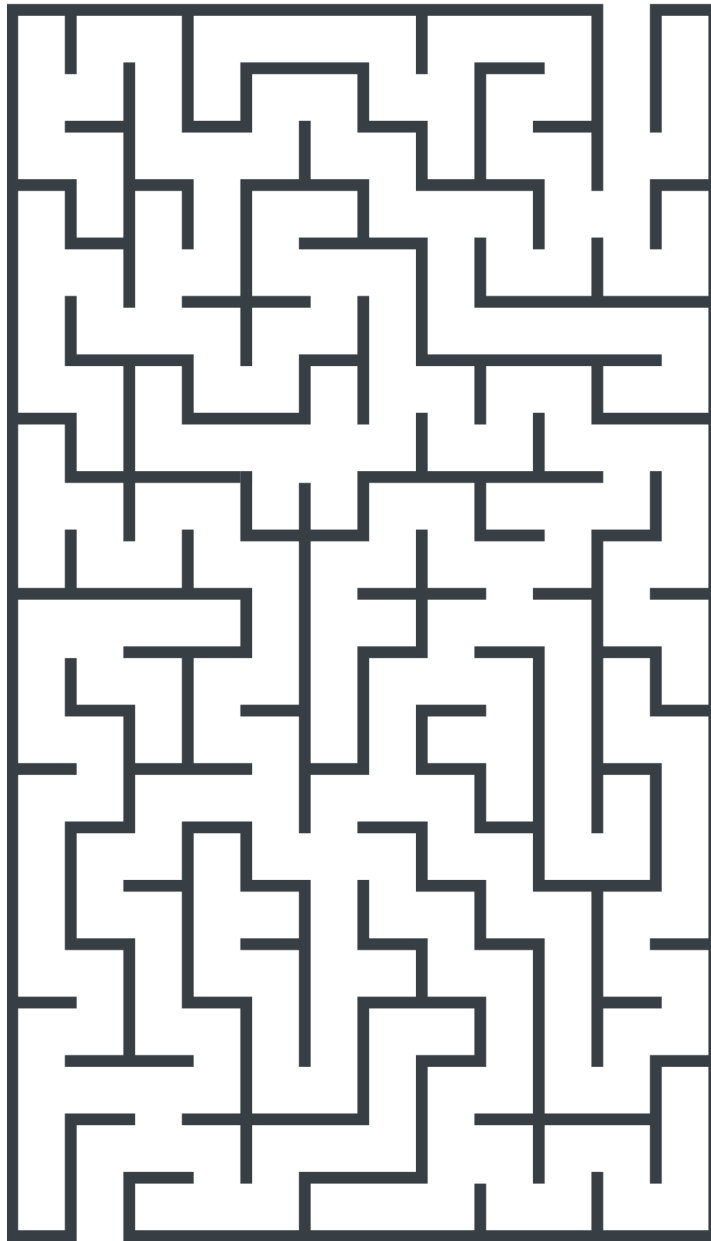
water bottle



nursing bra

Fourth Trimester

Can you help baby get to their mom?



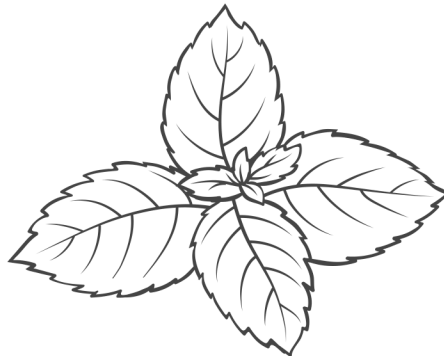
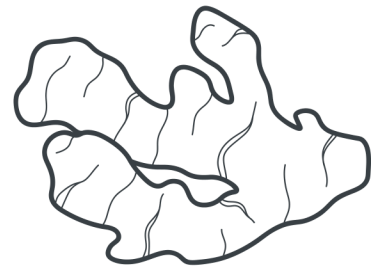
Herbal Teas

Label the herbal teas using the word bank below.

peppermint
hibiscus

chamomille
ginger

orange peel
lemon



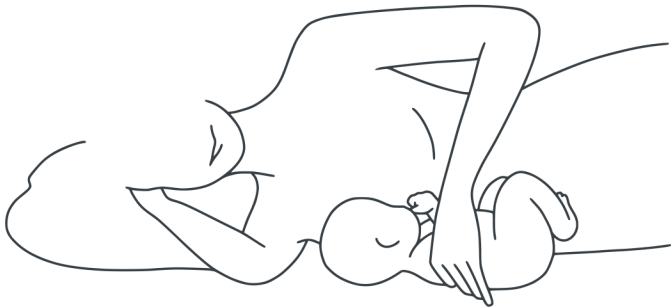
Breastfeeding Positions



football



cradle



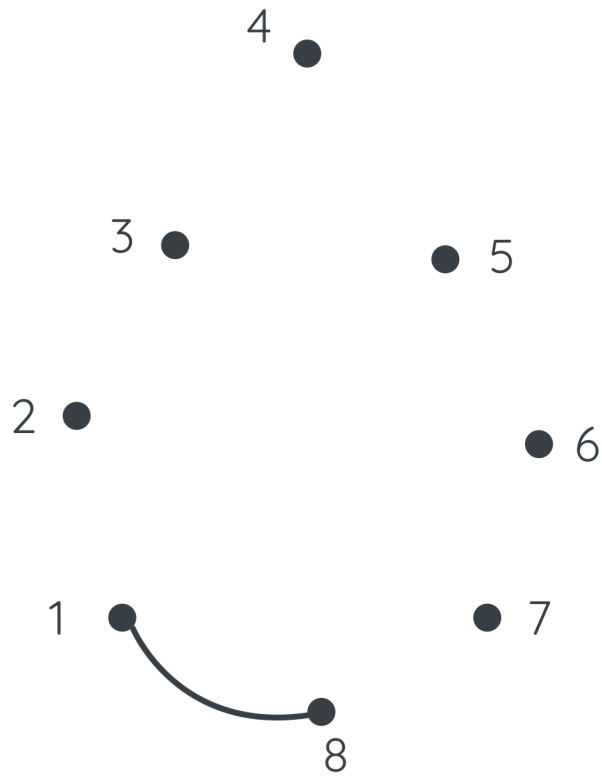
side-lying



koala



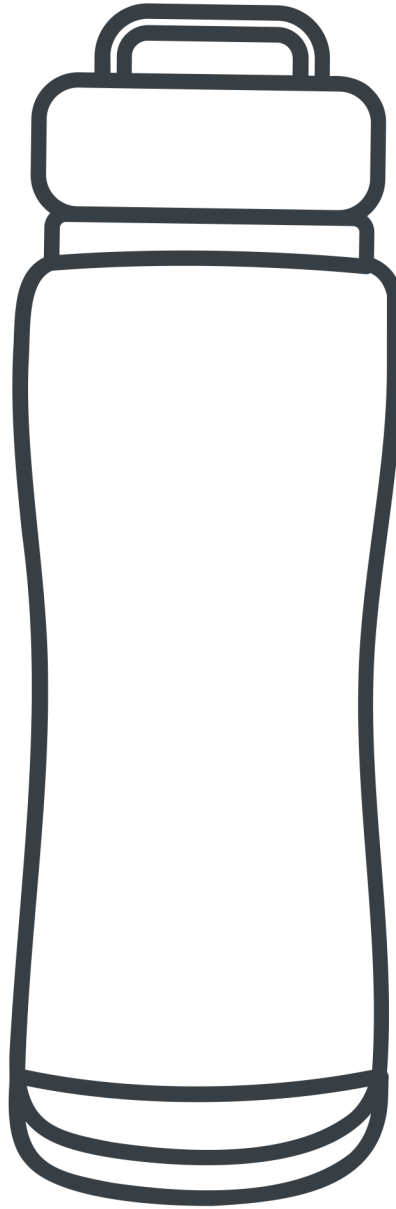
SUPPORT



MOM-STER



Design your water bottle



www.dommiesblessed.com
outline by ahmadwill from canva.com

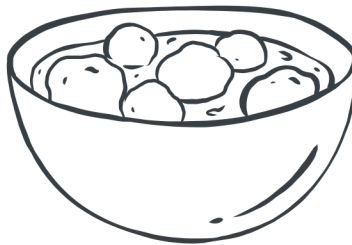
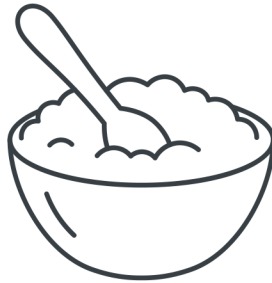
Wet Foods

Label the wet foods using the word bank below.

smoothie
stew

salad
soup

herbal tea
oatmeal



MILK MAKER





MOMMADE

Liquid Love

Can you help the heart reach the milk?



Herbal Teas

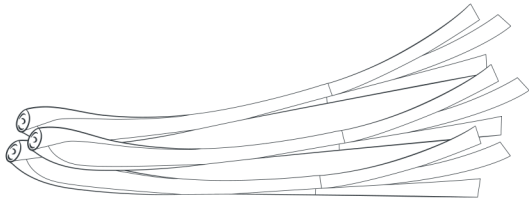
Draw a line to the matching tea below.



orange peel



hibiscus



nettles



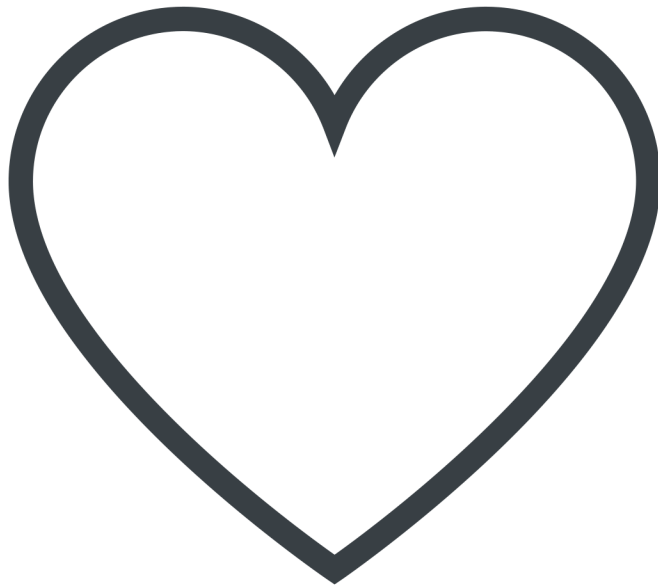
lemon grass

Mammary Glands

Circle the correct answer, then color the picture.



Active breast tissues is lighter or heavier than inactive breast tissue.



BREASTMILK